



# Barn Again 5K Run/Walk



**LOCATION:** BERRYVILLE, VIRGINIA      **SEPTEMBER 25, 2010**      **START TIME 8:00 AM**

**PURPOSE :** The 5K Run/Walk is to raise money for The Barns of Rose Hill. The mission of the Barns "...is to create a space to celebrate life and learning, and to produce programs that, through the arts, enhance the quality of life for our community" ...The 5K Run/Walk will donate all proceeds to The Barns of Rose Hill. There will not be medals given to finishers, but VINTAGE T-shirts are available from past Millwood 5K's. The race is inexpensive, and the hope is to have more participants with less overhead. There are several random prizes from our sponsors including Runner's Retreat, Mountain Trails, Berryville Grille, Mario's Pizza, Karakul Carpets. Additional support has been given from Shenandoah Valley Westminster Canterbury and Costco.

**COURSE :** The 5K course consists of an out and back loop from 101 Chalmers Court, the Clarke County Government Center, East Main Street and First Street in Berryville Virginia. There is a sixty (60) minute time limit. Parking will be available at 101 Chalmers Court and overflow parking on Main Street.

**ENTRY FEE :** 5K entry fees: \$10.00 for SVR members or \$11 .00 for non-members if postmarked by September 18, 2010 and \$12.00 for all on race day. Race day registration is from 6:40am to 7:40am. T shirts will be available on a first-come basis. Entry fees are non-refundable, as this is a fundraising event.

**DIRECTIONS:** The start /finish is at the Clarke County Government Center, 101 Chalmers Court off Main Street (Business Route 7) Berryville, Virginia, 22611.

**AWARDS:** Awards in the form of a certificate will be given to the top three male and female winners overall, and male and female Masters (40 and over). Awards will also be given to the top three male and female 18 & under, 19-29, 30-39, 40-49, 50-59, and 60 & over.

**RACE DIRECTOR:** Carolyn Wilson, contact by email at [athlone2@verizon.net](mailto:athlone2@verizon.net) or by phone at 540-837-3054

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Name: \_\_\_\_\_ Sex: M /F      Age as of 9/25/10: \_\_\_\_\_  
Address: \_\_\_\_\_ Phone: \_\_\_\_\_  
City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

SVR Member? Yes No

Shirts are recycled and sizes vary. T-shirt selection on race day vary and are available on a first come, first serve basis.

**Waiver:** In consideration of accepting this entry, I do here by release the sponsors of Barn Again 5K Race SVR and the town of Berryville, jointly and separately, from any and all liability for illness, injury, and damages I may suffer as a result of my participation in this event. I certify I am medically fit to participate in this event. I understand the sponsors may use my name in the publicity and promotion of this event. I also understand that bicycles, skateboards, strollers, roller skates, inline skates, animals, and radio headsets are strictly prohibited.

Please make checks payable to:  
"The Barns of Rose Hill" and mail to:  
Carolyn S. Wilson  
1820 Plaza Drive Winchester, VA 22601